

COVID-19 Guidance for Parents/Carers in Bedford Borough Education Settings

From 1st Jan 2022

For any **SUSPECTED** or **CONFIRMED** case of COVID-19 in a young person please follow the flow chart below.

SUSPECTED case if child/young person has COVID-19 symptoms

Key symptoms:

- A new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia).

Additional symptoms that may be early warning signs of COVID-19 in children include upset stomach, headache, sore throat, unusual fatigue.

Book a **PCR test** as soon as possible online via the website www.nhs.uk/coronavirus.

Alternatively a PCR test can be ordered by phone on **NHS 119** for those without the internet.

Ensure child/young person isolates at home **until test result**

Who else needs to isolate?

The rest of the household **does not** need to isolate if they are :

- **Under 18 and 6 months and/or**
- **Double vaccinated and/or**
- **Part of a COVID Vaccine trial and/or**
- **Can not have a COVID vaccine for medical reasons (as confirmed by a medical professional).**

If **none** of the above apply then the household contacts **must** isolate **until test result**.

Result of test

(notify setting as soon as possible).

NEGATIVE

POSITIVE

Young person can return to setting once well.
Any household contacts can stop isolating.

CONFIRMED case(s) following a Positive **PCR** Test

Inform the setting of positive PCR. Young person must self- isolate. **ALL household contacts of a positive case should follow Government guidance.**

The rest of the household **does not** need to isolate if they are:

- **Under 18 and 6 months and/or**
- **Double vaccinated and/or**
- **Part of a COVID Vaccine trial and/or**
- **Can not have a COVID vaccine for medical reasons (as confirmed by a medical professional).**

If **none** of the above apply then the household contacts **must** isolate for **10 days**.

All household contacts of a positive case over 5 years old are strongly encouraged to take a daily lateral flow device test (LFD) for 7 days and should only attend their setting if their lateral flow test is negative.

Ensure young person isolates at home for **10 days**, along with any members of their household who are **over 18 yrs & 6 months and have not had 2x COVID vaccines**. ALL children/young people can take an LFD test on Days 6&7 – 24 hours apart. 2x negative tests mean they can return to setting following the second test if they do not have a temperature.

For **symptomatic** cases the day the symptoms began is DAY ZERO.

You need to add 10 further days after DAY ZERO.

For **asymptomatic** cases the date of the test is DAY ZERO.

You need to add 10 further days after DAY ZERO.

If anyone else in the household becomes unwell and tests positive for Covid-19 they will need to restart/start their 10 day isolation. The rest of the family who have been isolating, do not need to extend their isolations after completing the 10 days (or 7 days following 2x negative LFDs).

CONFIRMED case(s) following a Positive **LFD** Test

Positive LFD Result

Inform setting of result
Take a PCR test **WITHIN 2 DAYS** of positive LFD - Online at www.nhs.uk/coronavirus or 119.
Young person and eligible close contacts must self-isolate whilst waiting for the result.

Negative PCR Result

Young person and eligible close contacts can stop isolation and can return to the setting. Restart twice weekly LFD home testing in secondary aged pupils.

- If you have recently (within 90 days) had a positive PCR test for COVID-19 you are exempt from testing by PCR within 90 days of a positive PCR test result, unless you develop new symptoms. You can continue to test with LFDs.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms and should **not** be used if you have any symptoms.
- If you have had a COVID-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.